

# DECEMBER NEWS & NOTES



## FACILITY UPDATES

**Daily Park & Amenity Hours:** 9:00 AM – 10:00 PM

- **Tennis & Pickleball Courts:** *Closed for the season.*
- **Hockey Rink/Skating Oval:** TBD (See next page)
- **Gym:** Please wear clean indoor shoes, schedules available online. Follow social media and call the front desk for updates on changes to the schedule.
- **Splash Park:** *Closed for the season.*
- **Shower/Changeroom:** Trade your membership card at the front desk for a key to access showers or a private changing space.

**The Tuscany Club will be undergoing renovations to the main floor from December 22, 2025 to January 4, 2026. During this time, the main building doors will be closed—please use the outside gate and ramp to access the facility, skate change room, and gym.**

The office will remain open, but no programs or rentals will run during the renovation period. The gym will be available for netted, non-netted, and family open gym throughout.

We appreciate your patience and look forward to welcoming you back to a newly renovated atrium when the building fully **reopens on January 5, 2026.**

**Holiday Hours:**

- December 24 (Christmas Eve): 9:00 AM - 8:00 PM
- December 25 (Christmas Day): CLOSED
- December 26 (Boxing Day): 9:00 AM - 8:00 PM
- December 31 (New Year’s Eve): 9:00 AM - 5:00 PM
- January 1 (New Year’s Day): 11:00 AM - 5:00 PM

In this newsletter you can expect information on:
Park Safety
Rink Information
Important Guest Information
Upcoming Events
Winter Programming
Volunteering
Rentals



## **Park Safety Reminders**

- We do not reserve picnic tables or common spaces. It is a first-come, first-served basis.
- No glassware is permitted in the park.
- Please double-check your space before leaving. Make sure you have everything you came with, and that all garbage is properly disposed of.
- If you are using our BBQs (briquettes only), please ensure the fire is completely out and that the area is left clean and ready for the next guest.
- Sticks and pucks are only permitted on the hockey rink for safety reasons.
- Our playground is designed for 2-12 year old's and direct supervision is required at all times for users under 12 years.
- No bikes inside the park

## **Important Rink Information**

You can expect the outdoor ice making process to begin when the daytime temperature is -5 degrees Celsius and the night time temperature is -10 degrees Celsius and holds steady for at least one week. Please watch for updates on our social media pages and website.



## **IMPORTANT GUEST INFORMATION**

Each member 17 years old and under is permitted to bring 2 guests and each adult 5 guests to use our outdoor facilities. Once members leave, the guests must leave too. Members are not permitted to sign in other TRA members as guests to gain access to the club. All members must be in good standing to visit the Club and use its amenities.

**Reminder:** Members must be at least 12 years old to be at the Tuscany Club without direct adult supervision, and must have their own membership card to access the facility and its amenities.

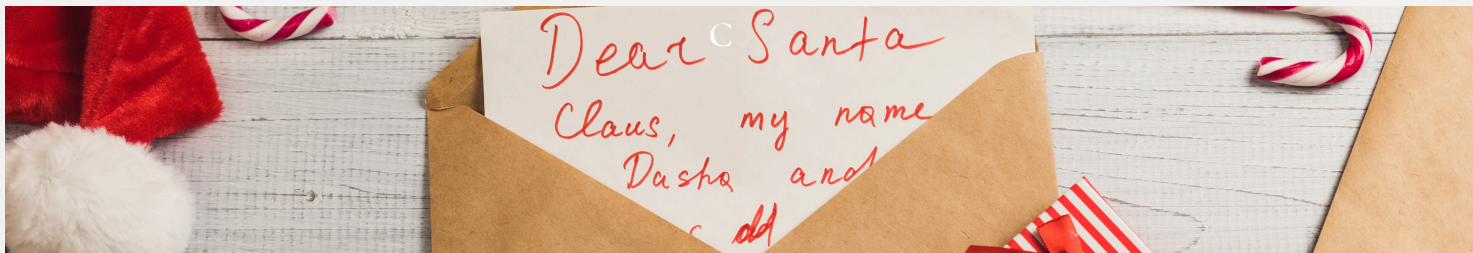


## **LACROSSE NETS**


We have moved our two lacrosse nets inside to the stage in our gym for the winter. We request that only practice balls or tennis balls be used in this indoor space. Lacrosse nets can be used during non-netted open gym times only.



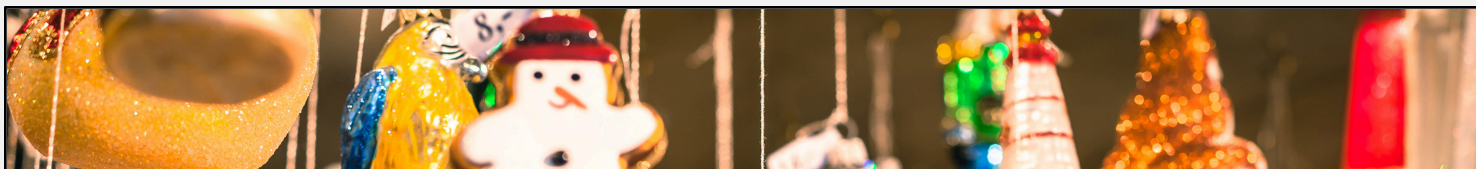
## UPCOMING EVENTS






### **Letters to Santa**

 Monday, December 1<sup>st</sup>, 2025- Sunday December 14<sup>th</sup>, 2025

Starting December 1st we will have special letter writing stationary available at the Tuscany Club and at [www.tuscany-connect.com](http://www.tuscany-connect.com). Completed letters can be dropped off to Santa's direct mail slot at the Tuscany Club just below the outside CSR window. Each letter dropped off by December 14th will receive a personalized response. Response letters will need to be picked up at the Tuscany Club by December 20, 2025.






### **2025 NW Parade of Markets**

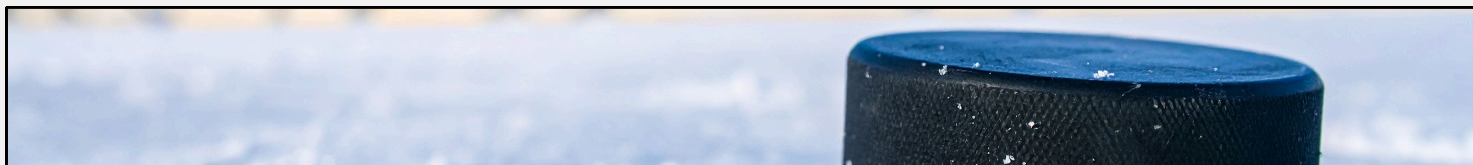
 Saturday December 6, 2025  10:00 AM – 3:00 PM  Tuscany Club Gym

Join us for our Holiday Craft & Bake Sale. There will be live music to enjoy while you browse the 40 vendors in attendance. This event is free to attend.

### **Children's Holiday Extravaganza**

 Saturday December 6, 2025  11:00 AM – 2:00 PM  Tuscany Club Banquet Rooms

This event is held in conjunction with our NW Parade of Holiday Markets. Children and their families can enjoy some holiday crafts, music, photos with Santa and more.



### **Tuscany Cup Classic Adult 3 vs 3 Hockey Tournament**

January 24 & 25, 2026

This 2 day adult 3 on 3 tournament usually consists of 6-10 teams battling it out for the Tuscany Cup. Each 6 player team (1 goalie, 3 players, 2 subs) must consist of a minimum of 2 Tuscany residents and all players must be 18+ years. Registration packages will be available at [www.tuscany-connect.com](http://www.tuscany-connect.com) after December 1st. Cost is \$50/team. Please email [recreation@tuscanyclub.ca](mailto:recreation@tuscanyclub.ca) if you do not have a Tuscany resident on your team as non-member teams may be accommodated at \$75/team if space permits.

**THANK YOU TO OUR AMAZING SPONSORS & VOLUNTEERS WHO HELP MAKE THESE EVENTS POSSIBLE!**



Interested in becoming a sponsor and would like the opportunity to become more involved in our community events? Please email [recreation@tuscanyclub.ca](mailto:recreation@tuscanyclub.ca) or view our sponsorship package online at [www.tuscany-connect.com](http://www.tuscany-connect.com)

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## Program Information



### Winter Program Guide

Our Winter Program Guide will be available online on Monday November 24, 2025, and registration will open on Friday November 28, 2025 at 9 AM for members and on December 12 for non-members. Be sure to register early to secure your spot in the programs you're most excited about—and don't forget to join the waitlist if a program is full.

Before enrolling, please take a moment to review our withdrawal and cancellation policy, available on page 12 of the guide and online prior to completing your enrollment.

### Adult Fitness Mash Up Classes

Our Fall 2 (November & December) Adult Fitness Mash-Up classes are now open for registration, and each class is booked individually to give you maximum flexibility. If you need to cancel a single class, simply provide at least 48 hours' notice to receive a full refund to your account.

Non-members are welcome to register by phone or in person. While we do accept same-day registrations when space allows, we strongly recommend registering at least 72 hours in advance to secure your spot and help ensure the class runs as scheduled.

Monday	Tuesday	Wednesday	Thursday	Thursday
Functional HIIT	Barre, Legs, Butt & Thighs	Vinyasa Yoga	Gentle Stretch	Build & Burn
7:00-8:00pm	9:15-10:15am	8:00-9:00pm	10:00-11:15am	7:00-8:00pm
\$10/class	\$10/class	\$10/class	\$12.50/class	\$10/class

### **Yin Yoga (16+) December 14 - TIME CHANGED TO 2 PM**

Come join Holly for a Sunday night Yin Yoga practice. This practice will include a series of supported, long relaxed holds that target the connective tissues. Designed to be a slower paced practice encouraging you to tune inward and listen to the feedback in your body and mind. Participants are encouraged to bring a bolster, blocks and a blanket if available. All participants must bring their own mat.

**\*\*New Chair Yoga coming in January 2026\*\***

**\*\*Parent and Baby Yoga continuing in January and February 2026\*\***

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## Red Cross Youth Safety Courses will be back in the Spring!



- **Stay Safe (Home On Your Own) Ages 9-13:** April 25<sup>th</sup> 9:30am-2:30pm
  - The Stay Safe! program teaches applicable and age-appropriate skills while increasing and reinforcing a youth's capacity to improve his or her own safety.
- **Baby Sitter Training Ages 11+:** April 26<sup>th</sup> 9:30am-4:30pm
  - Learn to handle the responsibilities of babysitting in a fun, interactive setting with an experienced Red Cross instructor. They will learn first aid safety tips, injury prevention and be introduced to CPR.

Registration will be available in the spring session timeslot

### Interested in Volunteering?

If you are looking to support your Community and get involved, volunteering to help with our events is a great way to do so. All the events we offer are thanks to our amazing sponsors and volunteers.

All volunteers must be 12+ years of age or volunteer with an adult.

There are a variety of roles at all of our events including, set up/take down, supervising games and activities and more.

Email:  
[eventscoordinator@tuscanyclub.ca](mailto:eventscoordinator@tuscanyclub.ca)  
for more information.

### Room Rentals

Looking for the perfect space for your next event? Look no further! The Tuscany Club is the ideal venue for Tuscany Resident Association members to book birthdays, weddings, meetings, workshops, and more! Spacious, versatile, and equipped with everything you need to host a successful gathering. Book now and let's make your event unforgettable!

Visit [www.tuscany-connect.com/rentals](http://www.tuscany-connect.com/rentals) or email [rentals@tuscanyclub.ca](mailto:rentals@tuscanyclub.ca) for more information on pricing and options.



The Tuscany Club



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